

Jason Lytle

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CURRICULUM VITAE

EDUCATION

Master of Science Kinesiology | 3.89 GPA
Texas A&M University | 2015-2016

Bachelor of Science Kinesiology | 3.86 GPA
California Polytechnic State University | 2013-2015

Associate of Science Exercise Science | 3.7 GPA
Moorpark Community College | 2011-2013

Associate of Art Kinesiology | 3.7 GPA
Moorpark Community College | 2011-2013

RELEVANT WORK EXPERIENCE

Graduate Teaching Assistant | Texas A&M University | 2016-Present

- Create and manage course content for undergraduate activity classes in the Texas A&M Physical Education Activity Program
- Lead instructor for Boot Camp, Strength Training and Ultimate Frisbee undergraduate courses
- Create, administer and grade written exams and assignments
- Present lectures weekly regarding key course principles as it pertains to health and kinesiology
- Answer all student inquiries regarding course material
- Provide necessary course components to ensure student success

Enhancement Instructor | Texas A&M University | Aug-Dec 2016

- Mentor incoming graduate assistants by assisting in the creation of course content, reviewing effective time management strategies, and acting as an informational resource throughout the duration of their position
- Monitor and assess teaching and leadership abilities of graduate assistants
- Provide constructive criticism in order to ensure course is up to the standards of the Texas A&M Physical Education Activity Program

Lead Scientific Research Assistant | Cal Poly SLO | Summer 2015

- Manage and delegate tasks to research assistants
- Coordinate schedules for research meeting with subjects
- Recruit subjects for research study
- Manage funds for research supplies

Athletic Personal Trainer | Elite Soccer | 2012-2015

- Implement functional fitness testing
- Assess areas of need for athletic performance
- Create individualized strength and conditioning programs
- Lead training sessions
- Communicate clearly and effectively with athletes
- Recruit and retain clients
- Communicate effectively with Coaches based on individual athlete needs

**OTHER WORK
EXPERIENCE**

Administrative Assistant | Lytle & Main Insurance Company | 2009-2015

- Customer service
- Liaison between customer and agents
- Handling and distribution of confidential documents

Customer service and maintenance | Baron Brothers Nursery | 2007-2009

- Customer service
- Assisted in maintenance and upkeep of grounds
- Organizing and distributing inventory

**HONORS/
ACHIEVEMENTS**

- Phi Theta Kappa Honors Society
- Golden Key Honor Society
- Honors Research Senior Team Leader
- Cal Poly Presidents List
- Certificate of Achievement; Fitness Specialist
- Moorpark Community College Deans List

**COMPUTER /
APPLICABLE
SKILLS**

- Microsoft Word, Excel, PowerPoint, and Outlook
- Experience in Internet research using multiple databases
- Leadership experience in the research field and athletics
- Experience in maximal and sub-maximal exercise testing
- Experience in sports performance testing including supplemental effects on performance

**PROFESSIONAL
REFERENCES**

- Available upon request